

# RESOURCE GUIDE FOR NEW JERSEY FAMILIES LIVING WITH HUNTINGTON'S DISEASE

**Created by:** 

Corlynn Hullfish, LCSW chullfish@hdsa.org

Kayla Cupano OTD-S kcotd0@gmail.com

## TABLE OF CONTENTS

COUNTY SOCIAL SERVICE AGENCIES 4-5
HELP WITH CAREGIVING
ADULT PROTECTIVE SERVICES BY NJ COUNTY7
DESIGNATED PSYCHIATRIC SCREENING/CRISIS CENTERS
MENTAL HEALTH AND HOMELESSNESS PREVENTION SERVICES
NURSING HOMES WITH DEDICATED HD UNITS 12
HDSA SUPPORT GROUPS12
ONLINE SUPPORT GROUPS BY HDSA 12
HD COUNSELING SUPPORT12
SOCIAL CLUBS12-13
HDSA NJ CENTER OF EXCELLENCE SPECIALIZING IN HD CARE
OTHER CENTERS SPECIALIZING IN HD CARE NEAR NJ13
INDEPENDENT NJ PHYSICIANS TREATING HD13-14
ELDER CARE/DISABILITY ATTORNEYS14-15
DRIVING EVALUATIONS
SWALLOWING STUDIES 16
COOKBOOKS AND NUTRITION
LOW COST/FREE MEDICAL EQUIPMENT16
DISABILITY QUESTIONS ANSWERED16
HELP WITH LONG TERM MEDICAID APPLICATIONS/QUESTIONS(MLTSS)
HELP WITH MEDICARE PLANS
PGD AND GENETIC COUNSELING 17
HELP WITH MEDICATIONS
BRAIN DONATION
HD RELATED FINANCIAL ASSISTANCE

THERAPY FOR INDIVIDUALS WITH HD	19
LONG TERM CARE	
HOME SAFETY EVALUATIONS	20
HD YOUTH	20
INTERNET RESOURCES	20-21
CRISIS FLOW SHEET	22

## **COUNTY SOCIAL SERVICES AGENCIES**

#### **Atlantic County**

Department of Family and Community Development

1333 Atlantic Ave, Atlantic City, NJ 08401 (609) 348-3001 Fax: (609) 343-2374 Hours: 8:00 AM - 5:00 PM

#### **Bergen County**

Bergen County Board of Social Services

218 Route 17 North - Building A Rochelle Park, NJ 07662 (201) 368-4200, Fax: (201) 368-8710 Hours: 7:45 AM- 4:45 PM Tues. till 8:00 PM

#### **Burlington County**

**Burlington County Board of Social Services** 

795 Woodlane Road, Mount Holly, NJ 08060 (609) 261-1000, Fax: (609) 261-0463 Hours: 8:00 AM - 5:00 PM

#### Camden County

Camden County Board of Social Services

600 Market Street, Camden, NJ 08102-1255 (856) 225-8800, Fax: (856) 225-7797 Hours: 8:30 AM -4:30 AM

Hudson County Hudson County Dept of Family Services

257 Cornelison Ave., Jersey City, NJ 07302 (201) 420-3000, Fax: (201) 420-0343 Hours: 8:00 AM - 4:15 PM Cape May County

Cape May County Board of Social Services

4005 Route 9 South, Rio Grande, NJ 08242 (609) 886-6200, Fax: (609) 889-9332 Hours: 8:30 AM - 4:30 PM

#### Cumberland County

Cumberland County Board of Social Services

275 North Delsea Dr., Vineland, NJ 08360 (856) 691-4600, Fax: (856) 692-7635 Hours: 8:30 AM - 4:30 PM

#### <u>Essex County</u> Essex County Dept of Citizen Services

18 Rector Street - 9th Fl, Newark, NJ 07102 (973) 733-3000, Fax: (973) 643-3985 Hours: 7:30 AM -4:00 PM Weds by appt \*Closed to public every 3rd Thursday

#### Gloucester County

**Gloucester County Social Services** 

400 Hollydell Drive, Sewell, NJ 08080 (856) 582-9200, Fax: (856) 582-6587 Hours: 8:30 AM - 4:30 PM 1st & 3rd Tues. 8:30 AM - 6:30 PM

#### <u>Monmouth County</u> Division of Social Services

PO Box 3000 3000 Kozloski Road, Freehold, NJ 07728 (732) 431-6000, Fax: (732) 431-6017 Freehold Hours: 8:30 AM - 4:40 PM Thurs.: 8:30 AM - 8:00 PM Ocean Field Office: 8:30 AM - 4:30 PM Tues. & Weds.: 8:30 AM - 8:00 PM

#### <u>Hunterdon County</u> Division of Social Services

6 Gauntt Place, Flemington, NJ 08822 (908) 788-1300, Fax: (908) 806-4588 Hours: 8:30 AM - 4:30 AM

## **Mercer County**

Mercer County Board of Social Services

200 Woolverton Street, Trenton, NJ 08611 (609) 989-4320, Fax: (609) 989-0405 Hours: 8:30 AM - 4:30 PM Tues.: 8:30 AM - 8:30 PM

## Middlesex County

Middlesex County Board of Social Services

181 How Lane New Brunswick, NJ 08903 (732) 745-3500, Fax: (732) 745-4558 Hours: 8:30 AM - 4:15 PM

#### Passaic County

Passaic County Board of Social Services

80 Hamilton St., Paterson, NJ 07505-2057 (973) 881-0100, Fax: (973) 881-3232 Hours: 7:30 AM - 4:30 PM (Doors are closed to the public at 4:15 PM)

<u>Salem County</u> Salem County Board of Social Services

147 S Virginia Ave, Penns Grove, NJ 08069 (856) 299-7200, Fax: (856) 299-3245 Hours: 8:00 AM - 4:00 PM

#### Somerset County

Somerset County Board of Social Services

PO Box 936 73 East High St. Somerville, NJ 08876 (908) 526-8800, Fax: (908) 231-9010 Hours: 8:15 AM – 6:00 PM <u>Morris County</u> Office of Temporary Assistance

340 W. Hanover Ave Morristown, NJ 07960 (973) 326-7800, Fax: 973-326-7875 Hours: 8:30 AM -4:30 PM Every Other Tues.: 8:30 -7:30 PM

<u>Ocean County</u>

Ocean County Board of Social Services

1027 Hooper Avenue, Toms River, NJ 08753 (732) 349-1500, Fax: (732) 244-8075 Hours: 8:30 AM - 4:30 PM Tues.: 8:30 AM - 6:00 PM

#### Sussex County

Sussex County Division of Social Services

83 Spring Street, Suite 203 Newton, NJ 07860 (973) 383-3600, Fax: 973-579-9894 Hours: 8:30 AM - 4:30 PM

#### Union County

Union County Division of Social Services

342 Westminster Ave., Elizabeth, NJ 07208 (908) 965-2700, Fax: (908) 965-2752 Hours: 8:30 AM - 4:30 PM

#### Warren County

Division of Temporary Assistance and Social Services

1 Shotwell Dr., Belvidere, NJ 07823 (908) 475-6301, Fax: (908) 475-1533 Hours: 8:30 AM - 4:30 PM

## **HELP WITH CAREGIVING**

## Aging & Disability Resource Connection/Area Agency on Aging (ADRC/AAA)

An Area Agency on Aging (AAA) is designated in each of New Jersey's 21 counties to serve as the primary entity responsible for developing comprehensive, coordinated systems of community-based services for older adults.

Toll Free Nationwide: 1-877- 222-3737

http://www.adrcnj.org/ "A Guide to Community Based Long-term Care in NJ"

## Managed Long-term Services and Supports (MLTSS)

Managed Long Term Services and Supports (MLTSS) refers to the delivery of long-term services and supports through New Jersey Medicaid's NJ Family Care managed care program. MLTSS is designed to expand home and community-based services, promote community inclusion and ensure quality and efficiency.

Managed Long Term Services and Supports (MLTSS) includes: Personal Care; Respite; Care Management; Home and Vehicle Modifications; Home Delivered Meals; Personal Emergency Response Systems; Mental Health and Addiction Services; Assisted Living; Community Residential Services; and Nursing Home Care.

## Contact your local Board of Social Services or call: 1-877- 222-3737

## Jersey Assistance for Community Caregiving (JACC)

JACC is a State-funded program (for people who are not Medicaid eligible) that provides a broad array of in-home services to enable an individual, at risk of placement in a nursing facility and who meets income and resource requirements, to remain in his or her community home. By providing a uniquely designed package of supports for the individual, JACC delays or prevents placement in a nursing facility.

Individuals interested in receiving services through JACC may contact the Aging & Disability Resource Connection (ADRC) site in their county.

## Their local ADRC can be reached toll free by dialing: 1-877-222-3737.

ADRC workers will assist callers and refer individuals to the proper application point

## **Statewide Respite Program**

This program provides respite care services for elderly and functionally impaired persons age 18 and older to relieve their unpaid caregivers of stress arising from the responsibility of providing daily care. A secondary goal of the program is to provide the support necessary to help families avoid making nursing home placement of their relatives. Services available under the Statewide Respite Care Program include: Companions, homemaker/home health aides (on an hourly or overnight basis), medical or social adult day care, temporary care in licensed medical facilities, camperships, private duty nursing service, and caregiver-directed option.

## To reach the Statewide Respite Care Program in your county, call Aging & Disability Resource Connection (ADRC) toll-free at: 1-877-222-3737

## ADULT PROTECTIVE SERVICES BY NJ COUNTY

COUNTY	<u>PHONE</u>	AFTER HOURS PHONE
ATLANTIC	609-645-7700 x4348	888-426-9243
BERGEN	201-368-4300	800-624-0275
BURLINGTON	609-261-1000 X4797	609-267-8500
CAMDEN	856-225-8178	800-786-5080
CAPE MAY	609-886-6200 X358	911
CUMBERLAND	856-825-6810 X219	856-455-5555
ESSEX	973-624-2528 X135	911
GLOUCESTER	856-582-9200	800-648-0132
HUDSON	201-295-5160	800-792-8610
HUNTERDON	908-788-1300	800-272-4630
MERCER	609-989-4346	911
MIDDLESEX	732-745-3635	911
MONMOUTH	732-531-9191	732-531-9111
MORRIS	973-326-7282	973-285-2900
OCEAN	732-349-1500/732-286-5929	732-240-6100
PASSAIC	973-881-2616/881-0100	973-345-2676
SALEM	856-935-7510	911
SOMERSET	908-526-8800	800-287-3607
SUSSEX	973-383-3600X140	800-280-8845
UNION	908-497-3900/497-3902	911
WARREN	908-475-6301	911

## DESIGNATED PSYCHIATRIC SCREENING/CRISIS CENTERS

## **Atlantic County**

Psychiatric Intervention Program (PIP) @ Atlanticare Regional Medical Center 1925 Pacific Avenue Atlantic City, NJ 08401 HOTLINE: (609) 344-1118

## **Bergen County**

Psychiatric Emergency Screening Care Plus NJ Inc. @ Bergen Regional Medical Center 230 East Ridgewood Avenue Paramus, NJ 07652 HOTLINE: (201) 262-4357

Burlington County Legacy Treatment Services Lords Medical Center 218A Sunset Road Willingboro, NJ 08046 HOTLINE: (609) 835-6180

Camden County Oaks Integrated Care @ Kennedy Memorial Hospital 2201 West Chapel Ave. Cherry Hill, NJ 08002 HOTLINE: (856) 428- 4357

<u>Cape May County</u> Acenda Integrated Health Cape Medical Regional Center 2 Stone Harbor Blvd. Cape May Court House, NJ

## 08210 HOTLINE: (609) 465-5999

## **Cumberland County**

Cumberland County Guidance Center @ Inspira Medical Centers 333 Irving Avenue Bridgeton, NJ 08302 HOTLINE: (856) 455-5555

## Essex County

Clara Maass Medical Center 1 Clara Maass Drive. Bellville, NJ 07109 HOTLINE: (973) 844-4357

Newark Beth Israel Medical Center 201 Lyons Avenue Newark, NJ 07112 HOTLINE: (973) 926-7444

University Behavioral Health Care 150 Bergen Street Newark, NJ 07101 HOTLINE: (973) 623-2323

## **Gloucester County**

Acenda Integrated Health 42 South Delsea Drive Glassboro, NJ 08028 HOTLINE: (856) 845-9100

## Hudson County

Jersey City Medical Center 355 Grand Street Jersey City, NJ 07340 HOTLINE: (866) 367-6023 Palisades Medical Center AES 7600 River Road North Bergen, NJ 07047 HOTLINE: (201) 854-6300

Christ Hospital AES 176 Palisade Avenue. Jersey City, NJ 07304 HOTLINE: (201) 795-8374

Hoboken University Medical Center AES 308 Willow Avenue Hoboken, NJ 07030 HOTLINE: (201) 418-2090

#### Hunterdon County

Hunterdon Medical Center Emergency Svcs Behavioral Health 2100 Wescott Drive Flemington, NJ 08822 HOTLINE: (908) 788-6400

Mercer County Capital Health Regional Medical Center 750 Brunswick Avenue Trenton, NJ 08638 HOTLINES: (609) 396-4357 or (609) 989-7297

<u>Middlesex County</u> University Behavioral Health Care 671 Hoes Lane Piscataway, NJ 08855 HOTLINE: (732) 235-5700

Raritan Bay Medical Center AES 530 New Brunswick Avenue Perth Amboy, NJ 08861 HOTLINE: (732) 442-3794

<u>Monmouth County</u> Monmouth Medical Center 300 Second Avenue Long Branch, NJ 07740 HOTLINE: (732) 923-6999

Centra State Medical Center AES 901 West Main Street Freehold, NJ 07728 HOTLINE: (732) 294-2595

Jersey Shore University Medical Center AES 1945 Route 33 Neptune, NJ 07753 HOTLINE: (732) 776-4555

Riverview Medical Center AES 1 Riverview Plaza Red Bank, NJ 07701 HOTLINE: (732) 219-5325

<u>Morris County</u> Prime Healthcare Services, St. Clare's LLC 25 Pocono Road Denville, NJ 07834 HOTLINE: (973) 625-6160

Morristown Memorial Hospital AES 100 Madison Avenue Morristown, NJ 07960 HOTLINE: (973) 540-0100 Chilton Memorial Hospital AES 97 West Parkway Pompton Plains, NJ 07444 HOTLINE: (973) 831-5078

Ocean County Monmouth Medical Center (PESS) 600 River Avenue, Lakewood, NJ 08701 HOTLINE: (866) 904-4474 or (732) 886-4474

Passaic County

St. Joseph's Hospital Health Care System 703 Main Street Paterson, NJ 07503 HOTLINE: (973) 754-2230

Salem County Healthcare Commons, Inc. @ Salem Medical center 310 Woodstown Road Salem, NJ 08079 HOTLINE: (856) 299-3001

Somerset County Bridgeway Rehabilitation, Inc. 282 East Main Street Somerville, NJ 08876 HOTLINE: (908) 526-4100

Sussex County Newton Medical Center 175 High Street Newton, NJ 07860 HOTLINE: (973) 383-0973

#### Union County

Trinitas Regional Medical Center 655 East Jersey Street Elizabeth, NJ 07201 HOTLINE: (908) 994-7131

Overlook Medical Center AES 99 Beauvoir Road Summit, NJ 07206 HOTLINE: (201) 841-8078

Rahway Hospital AES 865 Stone Street Rahway, NJ 07065 HOTLINE: (732) 381-4949/(732) 499-6165

Warren County

Family Guidance Center of Warren County 370 Memorial Parkway Phillipsburg, NJ 08865 HOTLINE: (908) 454-5141

## MENTAL HEALTH AND HOMELESSNESS PREVENTION SERVICES

**Bridgeway Rehabilitation Services** 265 West Grand Street, Elizabeth, NJ 07202 (908) 289-7330

Catholic Charities - Diocese of Metuchen 26 Safran Avenue, Edison, NJ 08817 (732) 738-1323

**Comprehensive Behavioral Healthcare, Inc.** 395 Main Street, Hackensack, NJ 07601 (201) 646-0333

East Orange General Hospital 300 Central Avenue, East Orange, NJ 07018 (973) 395-4164

(856) 299-3200

Easter Seal Society of N.J. 2083 Route 57, Washington, NJ 07882 (908) 689-6600

Healthcare Commons Family Health Services 500 Pennsville-Auburn Road Carney's Point, NJ 08069

Jewish Family Services of Atlantic County 607 North Jerome Ave, Margate, NJ 08402 (609) 822-1108

Mental Health Association of Morris County 100 Route 46 - Bldg. C, Mountain Lakes, NJ 07046 (973) 334-3496

**Bridgeway Rehabilitation Services** 93 Stickles Pond Road, Newton, NJ 07860 (973) 383-8670

Cape Counseling Services 1129 Route 9 South Cape May Courthouse, NJ 08210 (609) 886-6200

**Cumberland County Guidance Center** 2038 Carmel Road Millville, NJ 08332 (856) 825-6810

Easter Seal Society of N.J. 200 Rt 31 N- Ste 115 Flemington, NJ 08822 (908) 788-7580

Jersey City Medical Center 953 Garfield Avenue – 1st Floor Jersey City, NJ 07304 (201) 915-2980

Legacy Treatment Services 1289 Rt 38, Ste 200, Hainesport, NJ 08036 (609) 261-7672, ext. 3201

Mental Health Association of Monmouth County 119 Ave @ the Commons - Suite 5 Shrewsbury, NJ 07701 (732) 542-6422

New Point Behavioral Health 1070 Main Street, Sewell, NJ 08080 (856) 256-3320

Oaks Integrated Care 499 Cooper Landing Rd Cherry Hill, NJ 08034 (856) 428-1300

Project Live, Inc. 465-475 Broadway, Newark, NJ 07104 (973) 481-1211

Richard Hall CMHC Project 500 North Bridge St. Bridgewater, NJ 08807 (908) 253-3128

St. Joseph's Regional Medical Center
645 Main St – 2nd Fl
Paterson, NJ 07503 (973) 754-4781
Oaks Integrated Care
31 Lexington Avenue, Ewing, NJ 08618

### (609) 583-1900

## Ocean Mental Health Services, Inc.

687 Route 9, Bayville, NJ 08721 (732) 269-4849

## **Preferred Behavioral Health of NJ**

725 Airport Rd - CN 2036, Lakewood, NJ 08701 (732) 367-2665

South Jersey Behavioral Health Resources, Inc. 400 Market Street, Camden, NJ 08102 (856) 361-2700

## Rutgers University Behavioral Health Care 151 Centennial Ave, Piscataway, NJ 08855 (732) 235-6184

## **SUPPORT GROUPS**

#### Northern NJ

Participants: Mixed Group 2<sup>nd</sup> Thursday of every month Phone: 201-874-9264 Email: finewine@ptd.net

## **North Central NJ**

Participants: Caregivers Hartwyck @ Cedar Brook Facilitator: Christine Hogan, LCSW Phone: 732-235-5993 Hoganch1@rutgers.edu

## **Central NJ**

Participants: Mixed Group <u>Call for information:</u> Judy Rokeach, RN 732-235-5993 jar464@rwjms.rutgers.edu

## Southern NJ

Meets 1<sup>st</sup> Wednesday of every month Facilitator: Nancy Alterman, LCSW 856-566-7078 or 856-669-4626 <u>altermnm@rowan.edu</u>

Meets 3<sup>rd</sup> Wednesday of the month Facilitator: Bob Sylvia 617-504-8593 or bobsylvia1948@gmail.com

## NURSING HOMES WITH DEDICATED HD

## <u>UNITS</u>

Hartwyck at Cedar Brook

1340 Park Ave., Plainfield, NJ 07060 908-754-3100 Contact is Karen Petrin

## Leisure Chateau Rehabilitation

962 River Avenue, Lakewood, J 08701 732-370-8600 Contact is Judy Cerciello

## Online Support Groups offered by HDSA

## Online Groups:

- HD Positive, Early Symptoms
- Parent Caregiver
- Caregiver Support Group
- At Risk/Not Tested
- Youth Support Group
- Family Planning

https://www.supportgroupscentral.com/gr oups detail.cfm?cid=27&CFID=1718460&CF TOKEN=2798f4db35009285-8E83EF16-F52E -E414-A1B1FEEF5A9D7A64

## **HD COUNSELING SUPPORT**

## https://hdsa.org/find-help/community-socialsupport/hdsa-telehealth/

For families affected by HD, every family member can receive counseling with up to 8 telehealth visits per year.

## **SOCIAL CLUBS**

The Social Scene:
A Club for Adults with Special Needs
Virtual E-Social Scene offered
Members can:
Socialize, exercise, learn life skills, and be active in their community www.thesocialsceneclub.com thesocialscenenj@gmail.com
201-241-0476

# Easterseals of New Jersey

25 Kennedy Blvd., Suite 600 East Brunswick, NJ 08816 732-257-6662 Creates life-changing solutions for individuals with disabilities and their families in their community by increasing independence, maximizing opportunities, minimizing barriers and enhancing quality of life.

## HDSA NJ CENTER OF EXCELLENCE SPECIALIZING IN HD CARE:

## HDSA Center of Excellence at Rutgers University and Rowan University

42 East Laurel Road Rowan University-School of Osteopathic Medicine Department of Pathology-Huntington Disease Center Stratford, NJ 08084

Phone: 732-235-5993

## OTHER CENTERS SPECIALIZING IN HD CARE

## NEAR NJ

## HDSA Center of Excellence at University

of Pennsylvania HD Center Parkinson's Disease and Movement Disorders Center 330 South 9th Street Philadelphia, PA 19107 Phone: 215-829-5176 Website: http://www.uphs.upenn.edu/neuro/

## HDSA Center of Excellence at Columbia

University/NYS Psychiatric Institute 1051 Riverside Drive New York, NY 10032 Phone: 212-305-4597 Website: <u>http://hdny.org/</u>

## HDSA Center of Excellence

for Huntington's Disease at Johns Hopkins Meyer 2-181 600 N. Wolfe Street Baltimore, MD 21287 Phone: 410-955-2497 Website: https://www.hopkinsmedicine.org/psychiatry/ specialty\_areas/huntingtons\_disease/

## INDEPENDENT NJ PHYSICIANS TREATING HD

Amy Colcher, MD Movement Disorder Specialist Cooper Neurological Institute 856-546-8525

#### Andrew McGarry, MD Movement Disorder Specialist

Cooper Neurological Institute 856-546-8525

Anjali Patel, DO Movement Disorders Atlantic Neuroscience Institute 908-522-2829 Fiona Gupta, MD Movement Disorder Specialist North Jersey Brain & Spine Center 201-342-2550

Jia Zhen Cheng, MD Movement Disorder Specialist CentraState Medical Center Phone: 732-431-2000

Marcie Rabin, MD Movement Disorders Atlantic Neuroscience Institute 908-522-2829

**Roger Kurlan, MD** Movement Disorder Specialist The Cognitive and Research Center 973-850-4622

## ELDER CARE/DISABILITY ATTORNEYS

Allison Bartlett, Esq. HDSA Manager of Disability Programs abartlett@hdsa.org (212)242-1968

**Suzanne M. Carter, Esq.** 7612 Bergenline Ave North Bergen, NJ 07047 (877) 706-3335

Doug Fendrick & Jamie Morgan

1307 White Horse Road Bldg. B, Suite 200 Voorhees, NJ 08043 (856) 489-8388 Dana Bookbinder, LLC 8000 Sagemore Drive, Suite 8303, Marlton, NJ 08053 (856) 722-8500

Scott Counsel Elder Law Attorneys 1230 Brace Road Cherry Hill, NJ 08034 (856) 281-3131

**Richard M. Cohen, Esq** 2090 East Route 70 Cherry Hill, NJ 08003 (856) 616-0757

Robert J. Keltos, Esq Rothamel Law 525 Route 73 North, Suite 104, Marlton, NJ 08053 (856) 795-3400

Daniel Del Collo, III 309 Fellowship Road, Suite 200 Mount Laurel, NJ 08054 (856) 533-2405

**Bratton Estate & Elder Care Attorneys** 18 Kings Hwy West Haddonfield, NJ 08033 (856) 517-0239

Poserina & McHugh 1029 South Route 9 Cape May Court House, NJ 08210 (609) 463-8125

Michael A Manna & Associates 66 South Maple Avenue Ridgewood, NJ 07450 (866) 678-0459

Donald D. Vanarelli, Esq 242 St. Paul Street Westfield, NJ 07090 (908) 232-7400

Witman Stadtmauer, PA 26 Columbia Turnpike, Suite 100 Florham Park, NJ 07932 (973) 822-0220

James DeMartino Elder Law PO Box 126 Belvidere, NJ 07823 (908) 874-5636

## **DRIVING EVALUATIONS**

Bacharach Institute for Rehabilitation 61 West Jimmie Leeds Road Pomona, NJ 08240 Contact: Claire McLaughlin, OTR, CDRS Phone: (609) 748-6866 Fax: (609) 652-9581 https://www.bacharach.org/services/dr iving-program/

Kessler Institute for Rehabilitation 300 Market Street Saddle Brook, NJ 07663 Contact: Beth Rolland, OTR, CDRS Phone: (201) 368-6072 Fax: (201) 368-6075 https://www.kesslerrehab.com/conditions-andservices/neurologic-rehabilitation/

#### **Kessler Institute for Rehabilitation**

1199 Pleasant Valley Way West Orange, NJ 07052 Contact: Rich Nead, CDRS or David Massler, COTA, DRS Phone: (973) 731-3900 x2322 Fax: (973) 243-6842 <u>https://www.kessler-rehab.com/conditions-and-services/neurologic-rehabilitation/</u>

JFK Johnson Rehabilitation Institute at JFK

Health System 65 James Street P.O. Box 3059 Edison, NJ 08818-3059 Contact: Katie J. Hutzayluk, MS OTR/L, CDRS or Brigitte A. Muehlbauer, MS OTR/L, CDRS Phone: (732) 321-7056 Fax: (732) 205-1463 https://jfkjohnson.org/outpatientservices/occupational-therapy/

St. Lawrence Rehabilitation Center 2381 Lawrenceville Road Lawrenceville, NJ 08648 Contact: Carrie Monagle, OTR, CDRS Phone: (609) 896-9500 x2494 Fax: (609) 896-0698 www.slrc.org

Moss Rehab Driving School 201 Old York Road Jenkintown, PA 19046 Contact: Dan Basore, CDRS or Lynne Mason, OTR, CDRS Phone: (215) 886-7706 Fax: (215) 886-7709 https://www.mossrehab.com/driving

## SWALLOW STUDIES

#### **Hackensack Meridian Health**

360 Essex Street, Suite 202 Hackensack, NJ 07601 551-996-3830

Moss Rehab at Woodbury 135 S. Broad St Woodbury, NJ 08096 856-853-9900

The Valley Hospital 223 N. Van Dien Avenue Ridgewood, NJ 07450 201-447-8000

Cooper University Hospital Speech and Language Services 3 Cooper Plaza, Suite 511 Camden, NJ 856-342-3060

Mobile Dysphagia Imaging 3 Chandler Ter, Rockaway, NJ 07866 973-814-4066

**Overlook Medical Center** 99 Beauvoir Avenue, Summit, NJ 07901 908-522-2000

Morristown Medical Center 100 Madison Avenue Morristown, NJ 07960 973-971-5000

Newton Medical Center 175 High Street, Newton, NJ 07860 973-383-2121

**Chilton Medical Center** 97 West Parkway Pompton Plains, NJ 07444 973-831-5000

**RWJ University Hospital New Brunswick** 1 Robert Wood Johnson Place New Brunswick, NJ 08901 908-685-2946

Saint Clare's Denville Hospital 25 Pocono Road, Denville, NJ 07834 973-625-6000

Inspira Rehab Care Bridgeton Health Center 333 Irving Avenue Bridgeton, NJ 08302 856-575-4585

## COOKBOOKS AND NUTRITION

"Pass the Calories, Please" By F. Gail

"The Non-Chew Cookbook" By J. Randy Wilson

"Easy to Swallow, Easy to Chew" By Donna L. Weihofen

"Soft Foods for Easier Eating Cookbook" By Sandra Woodruff

**"The Dysphagia Cookbook"** By Todd Levine, MD

"The I Can't Chew Cookbook" By J. Randi Wilson

## LOW COST/FREE MEDICAL EQUIPMENT

**Good Will Home Medical** 300 Benigno Boulevard Bellmawr, NJ 08031 609-812-2210 Monday through Friday: 9:00am – 3:00pm Saturday: 9:00am – 1:00pm

https://www.goodwillhomemedical.org/

Trinity Church 211 Main Street Hackettstown, NJ 07840

908-852-3020

Main St. Store Hours: Tuesday – Saturday 10:00 am – 3:00 pm

Loans wheelchairs and other medical equipment at no charge...family just returns it when no longer needed.

https://www.catchthespirit.org/

## DISABILITY QUESTIONS ANSWERED

## Allison Bartlett, Esq.

HDSA Manager of Disability Programs abartlett@hdsa.org (212)242-1968

https://hdsa.org/find-help/healthcareand-future-planning/disability-benefitsand-hd-2/ https://www.ssa.gov/benefits/disability L

## HELP WITH LONG TERM MEDICAID (MLTSS)

**Elder Guide** 7 Randolph Road Howell, NJ 07731 Phone: (908) 212-1691 Fax: (908) 548-0867 info@elderguide.net

They collect and review the necessary documents for a Medicaid application, and handling all correspondences with the Board of Social Services until the approval is obtained.

## https://elderguide.net

Aging & Disability Resource Connection/Area Agency on Aging (ADRC/AAA)

1-877-222-3737

https://www.state.nj.us/humanservices/doas/ home/saaaa.html

## HELP WITH MEDICARE PLANS

State Health Insurance Assistance Program (SHIP) 1-800-792-8820

The State Health Insurance Assistance Program (SHIP) provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

PREIMPLANTATION GENETIC DIAGNOSIS (PGD) & GENETIC COUNSELING

Robert Wood Johnson Medical School Department of OB/GYN Division of Maternal- Fetal Medicine Section of Perinatal Genetics

125 Paterson St- CAB 2151 New Brunswick, NJ 08901 732-235-6630

Reproductive Science Center of New Jersey-Eatontown, Toms River, Lawrenceville

1-877-487-3447

Find a Genetic Counselor https://www.findagene ticcounselor.com/ (312) 321-6834

#### HDSA

https://hdsa.org/whatis-hd/history-andgenetics-ofhuntingtonsdisease/genetictesting-familyplanning/

## **HELP WITH MEDICATIONS**

Generic Tetrabenazine TAGI Pharma Customer Service 1-855-225-8244

#### Austedo

Teva Shared Solutions 1-800-887-8100 www.sharedsolutions.com

#### Xenazine

Lundbeck 1-888-882-6013

#### www.xenazineusa.com

**BioTek** reMedys Specialty Pharmacy 646-294 - 9866 www.biotekrx.com

## **BRAIN DONATION**

Harvard Brain Tissue Resource Center at McLean Hospital 1-800-BRAIN BANK or 617-855-2400 http://mcleanhospital.org/hbtrc/

Massachusetts General Hospital HDSA supported brain bank through MGH The 24-hour contact number is 617-724-5700 Page #21300

## HD RELATED FINANCIAL ASSISTANCE

#### <u>HealthWell</u>

Disease Funds: Grant applications for chronic or life-altering diseases, that provides support for prescription copays, health insurance premiums, deductibles, and coinsurance, and travel costs. <u>https://www.healthwellfoundation.org/fun</u> <u>d/huntingtons-disease-medicare-access/</u>

#### <u>NORD</u>

Provides assistance programs to help patients obtain life-saving or life-sustaining medication, and financial assistance with insurance premiums and copays, diagnostic testing assistance, and travel assistance for clinical trials.

https://rarediseases.org/wp-

## content/uploads/2020/11/Chorea-PAP-FAQ-10-2020.pdf

## **Patient Services**

Financial support and guidance for patients with chronic diseases. https://www.patientservicesinc.org/

## THERAPY FOR INDIVIDUALS WITH HD

## **Occupational Therapy:**

OTs help people across the lifespan do the things they want, need, and are expected to do through the therapeutic use of daily activities (occupations), and aim to solve problems and barriers that may interfere. OTs assist with ADLs (Self-care, Dressing, Feeding), IADLS (Home and Medication Management), Play, Education, Sleep, Work, Leisure, and Social Participation. (AOTA) https://www.njota.org/find-atherapist#/

## **Physical Therapy:**

PTs are movement experts who diagnose and treat individuals of all ages, to improve quality of life through prescribed exercise, hands-on care, and patient education. PTs develop a treatment plan to improve a person's ability to move, reduce, or manage pain, restore function, and prevent disability. (APTA) <u>https://aptaapps.apta.org//APTAPTDire</u> ctory/FindAPTDirectory.aspx

## Speech-Language-Hearing Pathologist:

SLPs work with people of all ages to treat communication and swallowing problems such as speech sounds, language, literacy, social communication, voice, fluency, cognitivecommunication, and feeding and swallowing. (ASHA) <u>https://www.njsha.org/member-</u> <u>center/#/public-search</u>

## LONG-TERM CARE

Search for long-term care and assisted living facilities, as well as adult day programs in NJ , specifically by county:

https://healthapps.state.nj.us/facilities/fsSearc h.aspx

#### Long Term Care Ombudsman (NJLTCO)

Responsible for securing, preserving, and promoting the health, safety, and welfare of NJs elderly population, through investigations of abuse, neglect, and exploitation; legislative and regulatory advocacy; policy work; and education and outreach. Phone: 877-582-6995 https://www.state.nj.us/ooie/

#### Aging & Disability Resource Connection NJ

Visible and trusted source of information on long-term services and supports for persons of all incomes. ADRC assists and empowers seniors, adults, and their caregivers to make informed decisions, and in finding benefits and services they need such Phone: 877-222-3737 https://adrcnj.org/find-services-and-provider

## HOME SAFETY EVALUATIONS

Fox Rehab 877-407-3422 https://www.foxrehab.org/

## **SOS Group**

856-740-4000 https://www.sosgroup.info/

Back Home Safely 973-219-4147 https://backhomesafely.com/

## HD YOUTH

## **HDSA National Youth Alliance**

https://nya.hdsa.org/

Motivates youth to get involved in their local HDSA Chapters, Affiliates, and Support Groups in efforts through education, fundraising, advocacy and awareness for Huntington's disease. The NYA is a collection of children, teens and young adults from across the country.

## Huntington's Disease Youth Organization (HDYO)

## https://en.hdyo.org/

A non-profit set up to provide support and education to young people impacted by HD around the world. HDYO provides support and education, creates education content for all age groups, connect young people with peers, makes events such as youth camps and conferences, and provides opportunities for young people to get involved.

## **INTERNET RESOURCES**

## COMMUNICATING WITH HEALTHCARE PROVIDERS

http://hdsa.org/wpcontent/uploads/2015/03/Caregive rs-Guide-to-Communicating-with-Healt hcare-Providers.pdf

## LONG TERM CARE

http://hdsa.org/wpcontent/uploads/2015/05/long-termcare.pdf

## **CAREGIVER GUIDES**

http://hdsa.org/wpcontent/uploads/2015/03/A-Caregivers-Guideto-HD.pdf http://hdsa.org/wpcontent/uploads/2015/04/CaregiverGuide Mi d Late StageHD.pdf http://hdsa.org/wpcontent/uploads/2016/05/HDSA CaregiverGui deFamilies Final.pdf

## LIFTING THE VEIL

http://hdsa.org/wpcontent/uploads/2015/03/Lifting-the-Veil-of-HD.pdf

## **ADVANCE DIRECTIVES**

<u>http://hdsa.org/wp-</u> <u>content/uploads/2015/03/HDSA Family-</u> Guide-Advance-Directives-for-HD. pdf

## **GENETIC TESTING**

http://hdsa.org/wpcontent/uploads/2015/03/GeneticTesting.pdf

<u>http://hdsa.org/wp-</u> <u>content/uploads/2015/03/GeneticTesting-for-</u> <u>HD.pdf</u>

## JUVENILE HD

http://hdsa.org/wpcontent/uploads/2015/03/Juvenile-HD-Handbook\_2nd-Edition.pdf

http://hdsa.org/wpcontent/uploads/2015/03/JuvenileHD\_School-Experience\_APR2015.pdf

### HD AND THE LAW

<u>http://hdsa.org/wp-</u> content/uploads/2015/05/HDSA-LET-Caregivers-Guide1.pdf

#### **SPEECH & SWALLOWING**

http://hdsa.org/wpcontent/uploads/2015/03/Speech-Language-Swallowing-Difficulties.pdf

#### **NUTRITION**

http://hdsa.org/wpcontent/uploads/2015/04/Nutritionand-HD.pdf

#### TALKING WITH KIDS ABOUT HD

<u>http://hdsa.org/wp-</u> <u>content/uploads/2015/03/Talking-with-</u> Kids1.pdf

### PHYSICAL AND OCCUPATIONAL THERAPY

http://hdsa.org/wpcontent/uploads/2015/03/PhysicalOccupat ionalTherapy FamilyGuide.pdf

http://hdsa.org/wpcontent/uploads/2015/07/When-to-Call-a-Physical-or-Occupational-Therapist-in-Huntingtons-Disease.pdf https://jfkjohnson.org/outpatientservices/parkinsons-disease-program/lsvtloud-and-loud-for-life/

#### **DRIVING**

http://web.stanford.edu/group/hopes/cgibin/hopes\_test/driving-and-huntingtonsdisease/

#### HOME SAFETY

https://www.winchesterhospital.org/healt h-library/article?id=21068

#### BRAIN DONATION

http://www.brainbank.mclean.org/donate/

#### NJ STATE DISABILITY APPLICATION

http://lwd.dol.state.nj.us/labor/tdi/state/sp\_clt\_m enu.html

#### SOCIAL SECURITY DISABILITY

https://www.ssa.gov/disability/

https://hdsa.org/find-help/healthcare-and-futureplanning/disability-benefits-and-hd-2/

#### **PSYCHIATRIC SCREENING (CRISIS CENTERS)**

http://www.state.nj.us/humanservices/dmhas/ho me/hotlines/MH\_Screening\_Centers.pdf

#### NJ COUNTY WELFAR AGENCIES

http://www.state.nj.us/humanservices/dfd/progra ms/njsnap/cwa/

#### **MEDICAID NJ-MLTSS**

http://www.nj.gov/humanservices/dmahs/home/ mltss.html

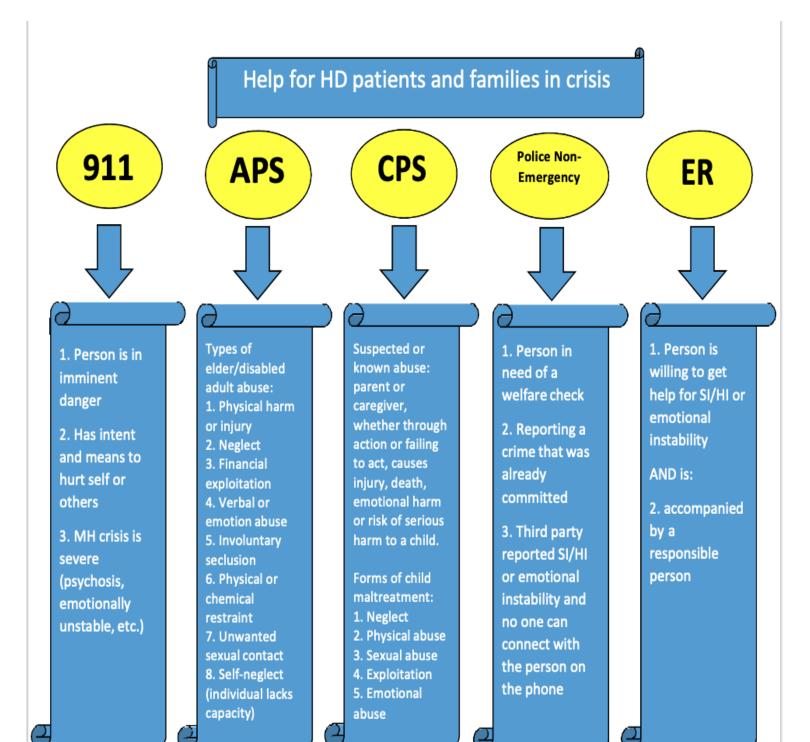
### BEHAVIOR AND HD

http://web.stanford.edu/group/hopes/cgibin/hopes\_test/the-behavioral-symptomsof-huntingtons-disease/

## **ADULT PROTECTIVE SERVICES**

http://www.state.nj.us/humanservices/doas/docu ments/APS%20flyer.pdf

## CRISIS FLOW SHEET ON NEXT PAGE



# <u>NOTES</u>